BARBS

Inspired by Barbados and founder Nicc's grandma's cooking. Everything here is made from scratch, with love. Some are classics, some are remixed for London.

Bold flavours, not heat. Add hot pepper sauce if you want it spicy.

SNACKS & SHARERS

Two-price items = starter / sharer.

Bajan Fishcakes 9
Fishcakes are legendary in Barbados. Fried fresh, light, fluffy saltfish balls served with Fancy Sauce.

Fried Chicken Tenders 9 / 16
3 / 6 pieces. Marinated and fried fresh, juicy and full of flavour. Served with Fancy Sauce.

Vegan Chicken Tenders (VG) 9 / 16
3 / 6 pieces. Bajan-seasoned vegan chicken, fried crisp. Served with vegan Fancy Sauce.

Wings 9 / 16
6 / 12 wings. Choose BBQ Tamarind or Island Pepper. Marinated and fried fresh.

Sweetcorn Fritters (VG, GF) 8
Crispy outside, soft middle. Served with vegan Fancy Sauce.

FRIES & SIDES

Seasoned Fries (VG, GF) 4.50
Crispy fries dusted with our house seasoning.

Loaded Fries — Fried Chicken 12
Chopped fried chicken tenders, Fancy Sauce, pickles, crispy onions, spring onion.

Loaded Fries — Vegan Chicken (VG) 13
Bajan-seasoned vegan chicken, vegan Fancy Sauce, pickles, crispy onions, spring onion.

Macaroni Pie 6
Bajan-style baked macaroni cheese — crisp top, soft middle.

Bajan Coleslaw (V, GF) 4.50

BURGERS & WRAPS

Add cheese · 1.50

Fried Chicken Burger 13
Inspired by the Bajan Cutter — soused cucumber, crispy onions, Fancy Sauce.

Vegan Chicken Burger (VG) 14.50
Crispy Bajan-seasoned vegan chicken, soused cucumber, crispy onions, vegan Fancy Sauce.

Chicken Tender Wrap 10
Crispy tenders, slaw, pickles, Fancy Sauce.

Vegan Chicken Tender Wrap (VG) 11.50
Crispy vegan chicken tenders, slaw, pickles, vegan Fancy Sauce.

ROTIS

Bajan Chicken Curry Roti 13
Slow-cooked curry chicken and potato in a soft roti.

Chickpea Curry Roti (VG) 12
Curried chickpea and potato in a soft roti.

BOWLS

Bajan Fried Chicken Bowl 15
Rice and peas, gravy, coleslaw, pickles.

Vegan Chicken Bowl (VG) 15
Rice and peas, gravy, coleslaw, pickles.

Chicken Curry Bowl 15
Rice and peas, coleslaw, pickles.

Chickpea Curry Bowl (VG, GF) 14
Rice and peas, coleslaw, pickles.

House Made Sauces 2 each · 1oz

Hot Pepper Sauce · Fancy Sauce
BARBS Ketchup · BARBS Mayo
Vegan Fancy Sauce (VG) · Vegan BARBS Mayo (VG)

Non gluten ingredient options available — please ask for advice on allergies.

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COCKTAILS

Sweet Girl **13**
Guava jelly, Mount Gay rum, ginger ale, orange wheel, thyme sprig.

Mauby Old Fashioned **13**
Buffalo Trace, Bajan mauby syrup, angostura bitters, orange peel.

Willies Guinness Punch **12**
Guinness, milk, condensed milk, nutmeg, cinnamon, vanilla essence, star anise.

Welchman Gully **12**
Tequila, Cointreau, grapefruit juice, lime juice, grapefruit wheel, pink salt.

Heywoods Rum Punch **12**
Mount Gay Eclipse, guava juice, lime citrus, cane syrup. Non-alcoholic version available.

Bathsheba Hibiscus Mojito **12**
Hibiscus-infused white rum, fresh lime juice, hibiscus-infused syrup, fresh mint, soda water.

SOFT DRINKS

Mauby **5.50**
A tree-bark-based beverage grown and consumed in Barbados, mixed with water and an array of sweet and bitter spices.

Sorrel **5.50**
A vibrant, tart and spiced red-ruby beverage made from the hibiscus plant, with ginger and warm spices.

Bajan Lemonade **5.50**
An explosion of citrus flavours: lime, cane sugar, vanilla essence.

BEER

Banks Beer **6.50**
The Beer of Barbados.

THE STORY OF BARBS

BARBS was started in 2025 by Nicc and Amanda.

It's our love letter to Barbados, and is inspired by Nicc's Gran, who is 95 and still cooking. A lot of what we do comes from her — cooking properly, taking your time, making everything from scratch, and doing it with love.

If you've been to Barbados, you'll know how good the food is. If you haven't, this is our way of sharing it.

In the UK, Caribbean food is often lumped together as if it's all the same. We wanted to show a different side of it. Bajan food is full of flavour, not heat. It's the kind of comfort food you can enjoy and come back to again and again.

We're building BARBS into something we hope people really connect with — and we're forever grateful for you dining with us today.

Learn more at eatbarbs.com

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